

Etiquette before sleeping

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا ط

"Our Lord! with Your name do I die and live."
(Bukhari, Muslim)

- To sleep in the state of Wudhu.
- Before sleeping, dust the bed thrice.
- It is Sunnah to sleep immediately after Isha Salah.
- To sleep on the right hand side.
- To recite Surah Mulk, before sleeping.
- To recite Ayatul Kursi.
- And before sleeping recite the above du'a;

When awakening

اللَّهُمَّ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا

أَمَاتَنَا وَإِلَيْهِ النُّشُورُ ط

"All praise be to Allah ﷻ who has given us life after death and to Him is the return after death." (Bukhari, Muslim)

Etiquette when wearing clothes

اللَّحْمَدُ لِلَّهِ الَّذِي كَسَانِي مَا أُوَارِي بِهِ

عَوْرَتِي وَأَتَجَمَّلُ بِهِ فِي حَيَاتِي ط

"Praise be to Allah who clothed me with that which I cover my shame and adorn myself during my life." (Tirmidhi, Hisne-Haseen)

- Commence wearing your clothes from the right side. For example, when wearing clothes right sleeve first then left, and the right leg first then left.
- When removing them first remove the left and then the right.
- Do not wear clothes which reveal the aurah (The shape of body which is illegal to expose to others).
- Always keep your body, clothes and home clean.
- Upon wearing your clothes recite the Du'a above In doing so your sins will be forgiven.

When looking into the mirror

اللَّهُمَّ أَنْتَ حَسَّنْتَ خُلُقِي فَحَسِّنْ خُلُقِي ط

"Our Lord! You have beautified my body, so do beautify my character."
(Tirmidhi)